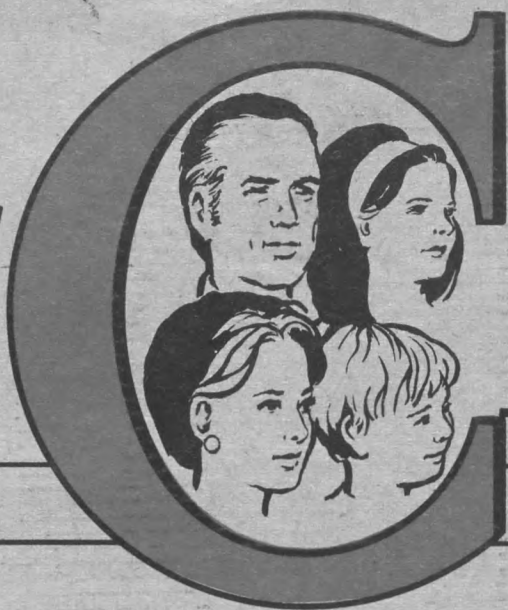


THE



ITIZEN

Volume 1 Number 1

Wednesday, August 4, 1971

* SHAUGHNESSY -
GAUREL RETIREMENT
Serving...

- NORTH WINNIPEG
- WEST KILDONAN
- OLD KILDONAN

Total Circulation 25,412

A Message From The Publisher

I am very pleased to be able to extend greetings to a large number of residents of the greater Winnipeg area in this first issue of The Citizen.

With the imminent establishment of a new regional government for Metropolitan Winnipeg, it seems particularly appropriate that The Citizen will be serving three communities rather than one.

The citizens of North Winnipeg, West Kildonan and Old Kildonan have contributed much to their individual communities in the past; but now is the time to take a positive look at the future of this great city to which we all belong.

The Citizen will endeavour to record accurately and fairly all aspects of life as they affect the citizens, not only of the community served by the paper, but also of the entire metropolitan area.

The Citizen will be constructive and positive in its attitude and will be independent politically.

With the full co-operation and support of the citizens of North Winnipeg, West Kildonan and Old Kildonan, I feel sure that The Citizen will become a valuable and accepted part of all our lives.

Morey Ostrow

First Health Centre In City's North End

Winnipeg's first community health centre was officially opened Tuesday, July 27 on the site of the former Peretz Folk School, 601 Atkins Street, near Inkster Boulevard.

The centre, which will be used mainly as a clinic for preventative medicine, rather than a treatment clinic, will be staffed by 15 public health nurses. Doctors will work at the centre on a part time basis. It is expected patients from all areas of the city will make use of the clinic's facilities.

Some of the services available will include child health clinics, family planning clinics, pre-natal classes, an immunization program and dental care. Pediatricians will be available to deal with children, gynecologists for women and other local doctors will assist in handling outpatients.

One of the main purposes of the centre is to handle minor health problems thereby relieving pressure from hospitals. According to Dr. Roper Cadham, Winnipeg medical health officer, it is an aim to establish such centres in each ward of the city but the lack of funds is a major problem.

The cost of establishing the new health

centre, \$200,000, was split three ways, between the federal, provincial and municipal governments. The cost of renovating the building was estimated to be about \$80,000.

The centre is not part of the provincial clinics being planned. The City of Winnipeg health department is handling the administration and maintenance of the centre.

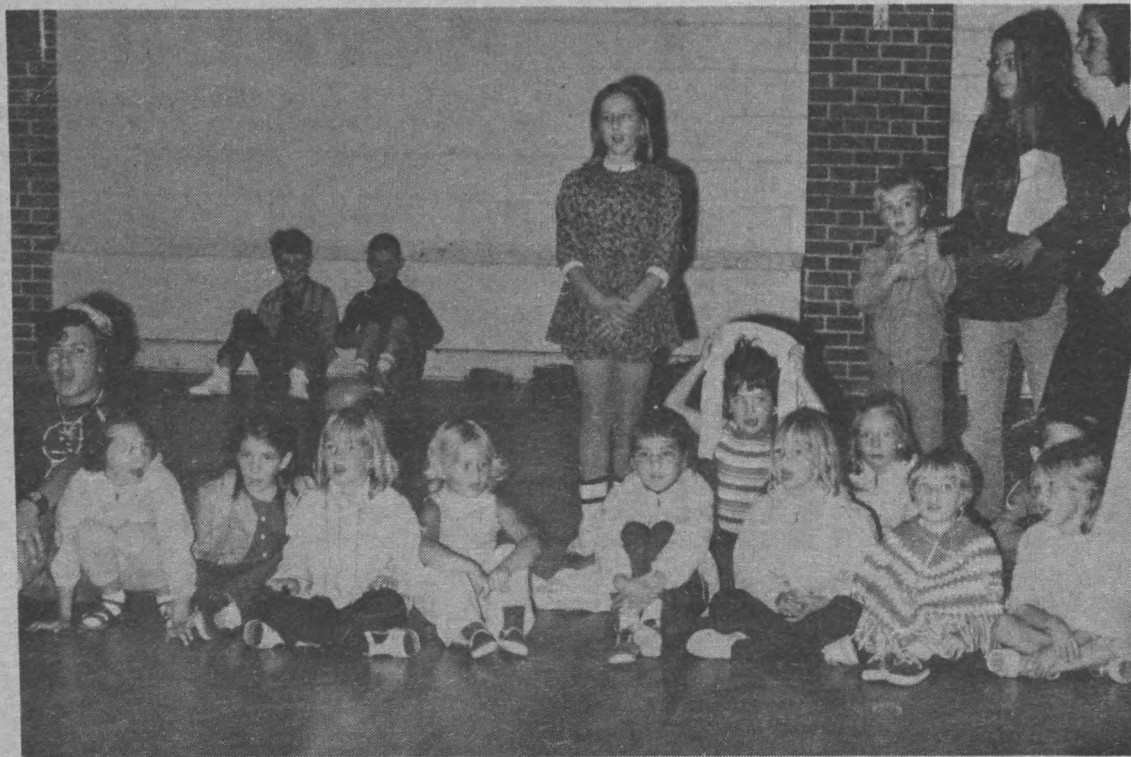
Camp Chimo -

A Summer Success

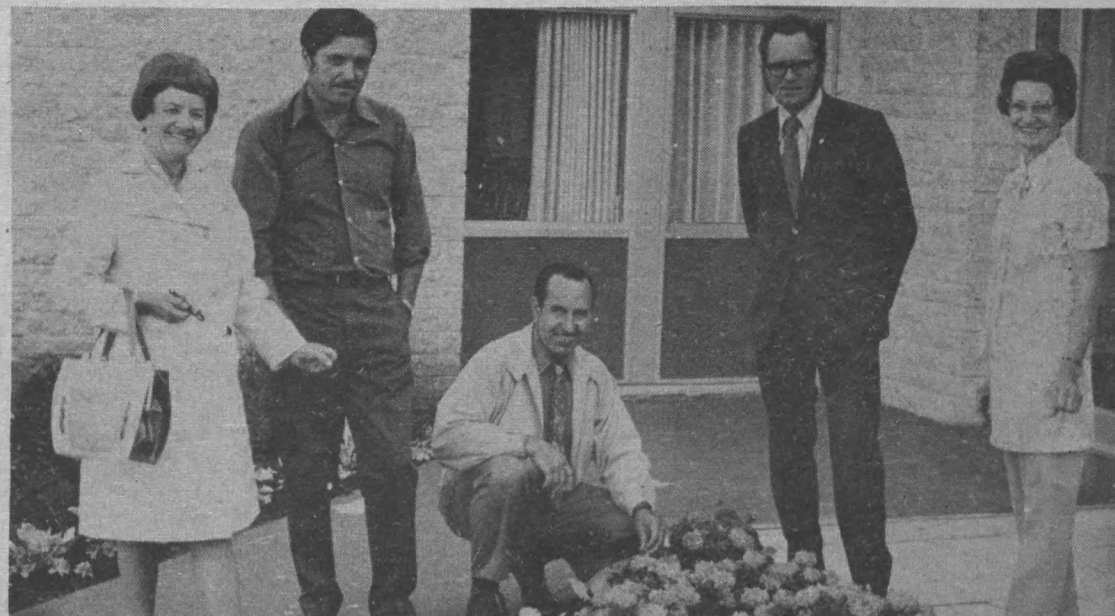
What started as an idea in the minds of a group of university students has become a fun-filled summer experience for hundreds of local youngsters. Camp Chimo is a day camp organized by fifteen university and high school students, most of whom are from the Seven Oaks and North Winnipeg area. Over three hundred children, aged five to eleven, are enrolled in the three two-week sessions of Camp Chimo, for a fee of four dollars.

The project is financed through the Federal Government's Opportunities for

see - CAMP - page 19



Children, from ages 5 to 11, enjoy Camp Chimo Activities held at Edmund Partridge Junior High School this week.
Photo by Martin Itzkow.



Luther Home Director Mr. Edward Gelhorn (second from right) views a new floral display at Luther Home with members of the West Kildonan Horticultura Society. (l. to r. Mrs. E. Slipetz, Mr. Lawrence Derlago, Mr. Laurie Gans, and Mrs. N. Denys). A well-organized and abundant display, the flowers were donated and planted in the inner court of the Home by the Society. Photo by Martin Itzkow.

Horse And Buggy Days
To Return To Park

Metro Council has approved the use of Kildonan Park for horse and carriage rides, to be run by the W. J. Ranch. The proposed starting point for the rides is at Armstrong and Scotia Streets, outside the park gate.

West Kildonan City Council has been asked for permission to allow tickets for the rides to be sold at this point and also to allow the horses and carriages to use West

Kildonan streets as a turning point.

Council received the idea with mixed emotions. While Alderman Bill Sasaki thought the rides "a tremendous idea on the part of these people", Alderman George Strewchuk expressed concern over the Scotia Street residents' probable reaction to the possibility of more parked cars in the see PARK page 19

North Winnipeg Community Centre
Is Where The "A.C.T.I.O.N." Is

The building at 387 Dufferin Avenue says "Standard Knitting Company" on the outside, but on the inside is co-operation, teamwork, persistence and hope. Renovations have just been completed and the structure is now the home of the North Winnipeg Community Action Centre, a hub for social, recreational and community services in the north Winnipeg area bounded by the Canadian Pacific Railway tracks, Mountain Avenue and Main and McGregor Streets.

New floors, new ceilings, new windows and re-wiring were all part of the renovation processes but the most striking feature of the interior is the decor - walls and floors of bold black and white stripes and sections painted in vivid blues and greens and stark white. The colors serve as a forceful background for various activities now taking place in the building. The basement houses a Teen Centre which has been in operation for one year and is run by the Y.M.C.A. for the North Winnipeg Community Action Centre. The main floor provides an area for a twice-weekly Senior Citizens' group, run by the Age and Opportunity Bureau. The second floor serves as a location for a Buyer's Club - a group of women in the area who buy groceries in bulk and sell them to other area residents at low cost. During the summer the building is also used as a children's day camp

and a recently-installed above-the-ground swimming pool outdoors will serve as a focal point for this group.

Dave Daniels, newly-appointed program co-ordinator for the Centre and an area resident said the building will be available for almost any activity or function the residents care to hold there. He would like to see the building "wear itself out in five years" from constant use and is anxious to establish a full range of programs for every age group.

The "Action" in North Winnipeg Community Action Centre, Inc. stands for "Association for Community Team Work in our Neighborhood" and it is an apt description of the efforts that made the Centre a reality. The history of the Centre dates back to the spring of 1969 when teenagers in the area appeared before Winnipeg city council's grievance committee to ask for a drop-in centre. A joint adult-teen committee was formed as a result of the teen-agers' interest, which attracted the attention of the Lord Selkirk Park Tenants' Association executive.

At the same time, but separately, the Rotary Club of North Winnipeg was conducting a feasibility study on the need for a social and recreational centre for the community.

Sticking to your diet

by Mary Jane
Cameron

If you think losing weight means plain, tasteless, "rabbit food" meals, it's no wonder you hate the very thought of dieting! The whole point of being a Beautiful Loser is that the foods you eat should be much more than calorie-wise and nutritious. They should be absolutely delicious. Otherwise, no one would want to stay with the slimming plan long enough to lose weight. So, here are a few tricks Beautiful Losers use to make diet eating as good — or even better — than ever.

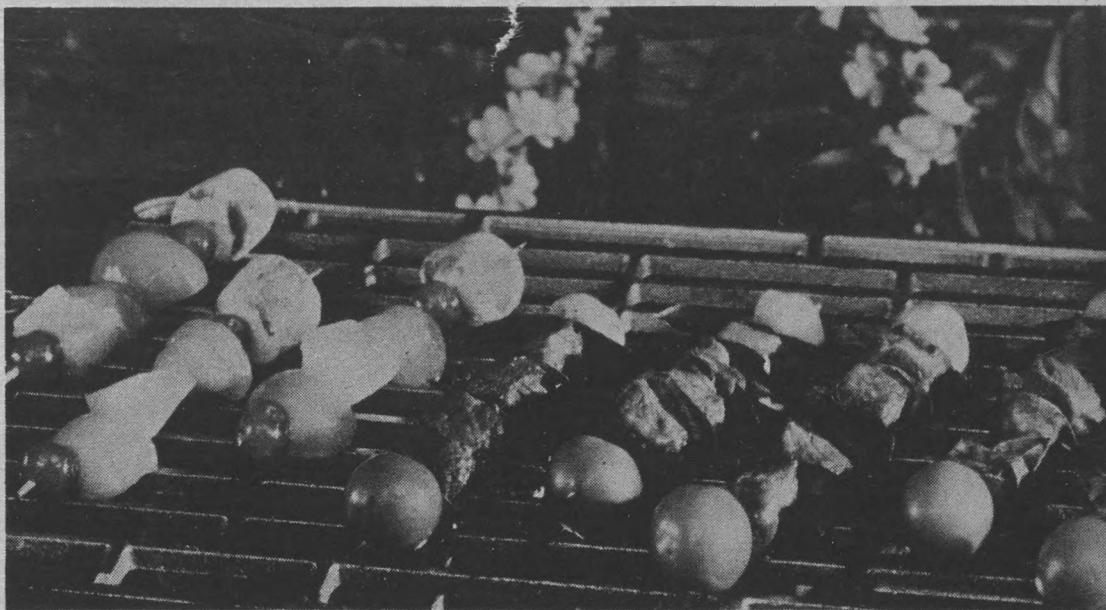
Garden City



Shopping
Centre

1st Birthday Sale
Starts Aug. 12

- * Use a chicken bouillon cube in the cooking water for vegetables. Serve with lemon juice instead of butter. Excellent!
- * Substitute plain yogurt for sour cream as a topping or in recipe ingredients, just as good — less than 1/3 the calories!
- * Chicken, fish and eggs are as nutritious as beef, ham or pork. But they're lower in calories. Your cookbooks will give you lots of ideas for making different and delicious meals with them.
- * A bowl of clear or almost clear soup — consomme, onion, beef or chicken noodle — before dinner helps you feel full and uses up only 25 to 50 of your day's calories.
- * Don't forget that cold vegetables can be every bit as tasty as hot vegetables. Marinate leftover green beans, asparagus, carrots, cauliflower or peas in a low calorie dressing in the fridge for snacks or salad buffets.
- * And don't forget that fruits can be a whole new taste served hot! Broiled grapefruit or peaches, hot, spiced diet fruit salad, baked apples or bananas — all make a nice change for dessert.
- * Experiment with subtle new flavourings in herbs and spices. This way you can add a great number of new tastes to your diet without adding any new calories at all.



Lamb en brochette, tender cubes of spring lamb barbecued with water chestnuts and cherry tomatoes, add lively new flavour and interest to summer cookouts.

Lamb En Brochette

After the first few barbecues of the season, many homemakers begin to look for a lively new flavor that gets away from the repetitious round of burgers and beefsteak.

Make lamb the star of your next cookout and watch barbecue boredom vanish. Lamb en Brochette is a delicious modern-day shish-kabob version of the age-old dish made

when chunks of wild game were skewered on swords by far-away tribesmen and roasted over an open fire centuries ago. (Even the origin of the term shish-kabob stems from the use of the sword -- shish -- to roast pieces of meat -- kabobs).

More practical today than swords are bamboo skewers from a specialty or Oriental gift store. Marjorie Elwood, home economist for the New Zealand Lamb Information Centre, recommends presoaking the bamboo skewers in water so they will withstand the heat of the coals. Be sure to leave spaces between lamb cubes so they will brown evenly.

The lamb cubes do not have to be marinated as they can be skewered and grilled with only salt and pepper for seasoning. However, if you prefer to marinate the lamb before cooking for additional flavor, try a simple french dressing and let the cut-up lamb stay in the marinade in the refrigerator for several hours or overnight.

Serve the lamb kabobs on hot savoury rice and accompany the dish with foil-wrapped, grilled tomatoes. A colorful crisp salad will enhance the main course. For a spectacular finale, plan to prepare deliciously different fruit brochettes for dessert.

LAMB EN BROCHETTE (6 to 8 servings)

This amount of lamb will yield about 60 cubes of meat, making 15 brochettes of 4 cubes of lamb each.

3 lbs. New Zealand spring lamb leg steaks
cut 1-1/4 inches thick
French Dressing
Garlic Salt - optional
Bay Leaves
15 Canned Water Chestnuts
15 Cherry Tomatoes
Hot Cooked Rice

Remove any excess fat and all bone from lamb. Cut meat into 1-1/4 inch cubes. Pour about 1 cup French dressing over meat and let stand several hours or overnight in refrigerator.

Place a water chestnut on skewer, then alternately thread on it a cube of lamb and a bay leaf, leaving space between the meat cubes so that they will brown evenly. Place skewers on grill about 5 inches above hot coals or medium heat of a gas barbecue. Turn to brown evenly and brush with dressing frequently and sprinkle with garlic salt. To serve, place a cherry tomato on the end of each skewer, and for each serving arrange two or more on a bed of hot rice. Accompany with Grilled Tomato Halves.

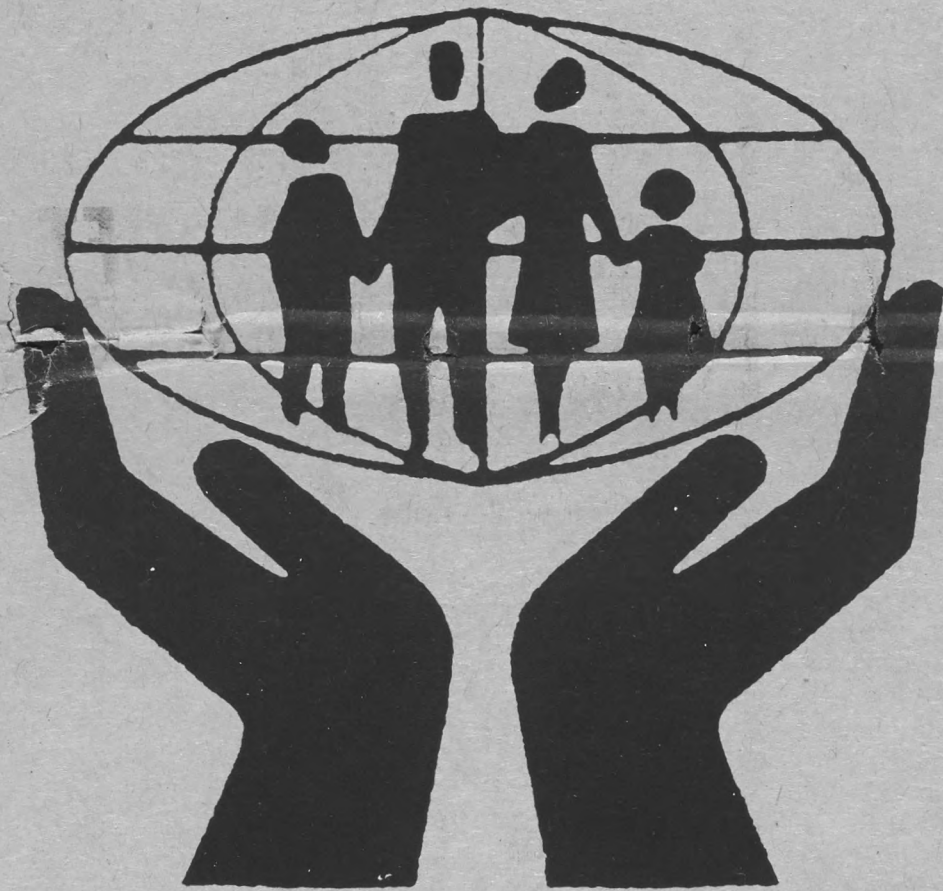
GRILLED TOMATO HALVES

Cut each medium size tomato in half. Place on a sheet of foil. Sprinkle with salt and pepper and top with a thin slice of onion. Wrap completely in the foil. Grill over hot coals on edge of barbecue, 15 to 20 minutes. Serve immediately.

FRUIT BROCHETTES

Thread alternately on small bamboo skewers, a canned pineapple chunk, maraschino cherry, canned apricot half, a mandarin orange segment and a marshmallow. Brush with melted butter or a mixture of 1/2-cup honey and 1 tablespoon lemon juice.

Broil for a few minutes over hot coals, turning often.



HELP YOURSELF TO THE GOOD LIFE

COMING SOON...



Constable Andy Monostori of the West Kildonan police department stands at the ready as go-karters from the West Kildonan playgrounds set up for their time elimination races on Perth Avenue, Thursday, July 29. Winners of the event were West Kildonan Memorial Community Centre and Colleen Playground.

Photo by Martin Itzkow.

Dr. Mathers Pediatric Medicine

Will my baby be cranky after his first immunization needle?

Most babies tolerate their first immunization needles for diptheria, tetanus, whooping cough and polio very well and suffer very little if at all. A minority of babies will be irritable and feverish the night following the injection but only to a mild degree. These symptoms are sometimes associated with redness and occasionally with bruising around the site of injection. Reactions are almost always over within twenty-four hours and are often relieved by small doses of aspirin or aspirin substitutes. Once in a while, a baby may react violently and scream for hours. When this occurs, further injections are best divided into half doses.

At what age should I take my child to the dentist for the first time?

Children should first be taken to the dentist at approximately 3 years of age, followed by regular check-ups at intervals of six to twelve months. Not only is three years the age at which dental caries may begin but also it is a reasonable age for a child to begin to get used to visiting the dentist and not be afraid.

How early should a baby's teeth be brushed?

It is reasonable to introduce teeth brushing at two years of age. At this age, most of the baby teeth are in and some children can be taught to brush their teeth and even do a good job with a little help.

Should I give my baby a pacifier?

The use of a pacifier is really an individual decision and doctors as well as parents have a divergence of opinion on this subject.



There are several distinct advantages of pacifiers. Firstly, many colicky fussy babies are much less fretful and sleep better and longer when allowed to suck on a pacifier. Secondly, as opposed to thumb sucking (which may develop in up to 50% of babies who do not have pacifiers), the soft pliable nipple of the pacifier is much less likely to push the teeth out of position. Thirdly, babies tend to give up pacifiers at an earlier age than thumbs. The main disadvantage is not really a disadvantage at all but simply that many people object to their unhygienic appearance. Further, babies who are not willing to give up their pacifiers at an early age can usually be taught that they are not to have it constantly (especially when out in public) but mainly at bed time and at times of stress.

Readers with questions relating to any aspect of pediatrics are invited to write to Dr. Mathers.

Although all letters cannot be answered personally, Dr. Mathers will devote his column to readers' questions & questions of general interest.

Are You Listening?

A recently published book "Are You Listening?" (McGraw-Hill Inc.) by Ralph Nichols and Leonard Stevens, points out that the need for technological perfection is now being paralleled by the need for a wider understanding of people.

In their book they note that improved listening skills are just as important in understanding the needs of people as the needs of technological development.

How do you think you rate as a listener? The following questionnaire is taken from "Are You Listening?" Answer 'yes' or 'no' to each question.

1. As people talk to you, do you find it difficult to keep your mind on the subject at hand, to keep from taking mental excursions away from the line of thought that is being conveyed?

2. Do you listen primarily for facts, rather than ideas, when someone is speaking?

3. Do certain words, phrases or ideas so prejudice you against a speaker that you cannot listen objectively to what is being said?

4. When you are puzzled or annoyed by what someone says, do you try to get the question straightened out immediately, either in your own mind or by interrupting the talker?

5. If you feel it would take too much time and effort to understand something, do you go out of your way to avoid hearing about it?

6. Do you deliberately turn your thoughts to other subjects when you believe a speaker will have nothing particularly in-

teresting to say?

7. Can you tell by a person's appearance and delivery that he won't have anything worthwhile to say?

8. When somebody is talking to you, do you try to make him think you are paying attention when you are not?

9. When you are listening to someone, are you easily distracted by outside sights and sounds?

10. If you really want to remember what someone is saying, do you try to write down most of his discourse?

For all these questions, the answers should be "no" if the person is a good listener.

Seven Oaks Days plans progress

New dates for several forthcoming Seven Oaks Days' events have been announced. These are as follows:

Saturday, September 11: The West Kildonan Memorial Community Centre will hold a Beer Garden at the Centre's premises.

Sunday, September 12: The Garden City Community Centre will sponsor an afternoon and evening Beer Garden at the Garden City Shopping Centre.

Wednesday, September 15: The West Kildonan Kiwanis Beauty Pageant will be held at the Northgate Copa (admission \$1.50). Five sponsors have indicated they will enter contestants and additional ones are expected to participate.

see — PLANS — page 16

CROSS RIB ROAST LB 87¢	WEINERS LB 55¢	CHICAGO KOSHER CORN BEEF SLICED LB \$1.95	PORK TENDERLOIN LB 95¢
CHUCK STEAK LB 65¢	PURE PORK SAUSAGE LB 55¢	PEACHES - PLUMS - NECTARINES YOUR CHOICE 4 LBS \$1.00	
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HEINZ MUSTARD PREPARED 24 OZ 31¢	MAXWELL HOUSE COFFEE 1 LB BAG .85
MAXWELL HOUSE COFFEE 1 LB BAG .85	KOOL AID 10 PKGS 49¢
PURITY FLOUR PAPER BAG 20 LB 1.45	DARE COOKIES ASST SANDWICH 2 LB PKG .95
ENCORE DETERGENT POWDER 5 LB BAG \$1.23	ENCORE LIQUID DETERGENT 48 OZ 75¢
HEINZ KETCHUP 25 OZ 58¢	ROMPER DOG FOOD 15 OZ TINS 9 TINS .95

A new approach

A new look, a new name and a new approach. In a nutshell this sums up *The Citizen*. *The Citizen*, unlike other weekly newspapers published in the greater Winnipeg area, will not be confined to only one city, municipality or community.

Initially, the readers of *The Citizen* will be the residents of Old Kildonan, West Kildonan and of that area of Winnipeg popularly known as the North-end.

Both the North-end and West Kildonan have been served by community newspapers in the past and the papers concerned have been well received and fully appreciated by the people of West Kildonan and the North-end.

However, times change and if stagnation is to be avoided and progress is to be made then it is inevitable that the community newspapers will also have to change and reflect the changing facets of the society they serve.

The purpose of the community newspaper is to be a true reflection of all aspects of the community which it serves. But in the increasingly complex society which is ours today a narrow outlook on society and life in general is not enough, if we wish the world of tomorrow to be full of hope, meaning and fulfilment.

The Citizen, in serving the people of North Winnipeg and West Kildonan as well as Old Kildonan, will continue to reflect the two individual communities and it will also present to its readers a broader outlook of the problems that face all members of society as well as the achievements and aspirations of everyone.

The policy of *The Citizen* will be to report fairly and accurately without prejudice or bias not only the news and events in Old and West Kildonan and North Winnipeg but also happenings elsewhere which affect everyone.

Politically *The Citizen* will not support one party more than another, but will support government in measures that appear to be in the best interests of all citizens and will also be quick to criticize government action that apparently is not to the best advantage of the majority.

The staff of *The Citizen*, are all people who have the interests of the residents of West Kildonan, North Winnipeg and Old Kildonan very much at heart. It is the hope of *The Citizen* that the 85,000 residents who live in the area will look on the paper as a means by which each and everyone can express their own personal views and opinions as well as keeping everyone informed about what is happening in the community.

Mike Paynter

Tragedy of the century

Reports follow reports until the staggering number of five and one-half million suffering Pakistanis, a number equal to one quarter the population of Canada, has been repeated so often that it becomes meaningless.

Nightmarish stories of unburied corpses drifting down rivers, of the stench of dead among the living, of children dying next to parents already dead are so numerous that they sometimes seem exaggerated.

It is understandable that we find it hard to comprehend their suffering. On our streets, people do not fight with livestock for a place to sleep. In our cities, men do not carry their dead where all can see. In our homes, when our children cry for help, we have the physical strength to answer them.

For many of the five and one-half million Pakistani people it is a different story.

Here, a man suffers in a hospital or at home with the benefit of competent medical care to ease his suffering. There, many suffer sprawled along roadsides, in the mud, wherever they can find a small place to collapse.

Reports of press, radio and television are so frequent and detailed that it is hard not to become calloused to the enormity of the

suffering going on.

But the fact remains. Five and one-half million Pakistani people are in desperate need of help. They live in exile, facing starvation and disease that we can hardly imagine.

As you know, nine major organizations have already joined forces to form the Combined Appeal for Pakistani Relief (CAPR), and through a concerted fund-raising effort hope to help alleviate the widespread suffering. These organizations are: Canadian Catholic Organization for Development and Peace; Canadian Council of Churches and its member churches; Canadian Red Cross Society; Canadian UNICEF Committee; CAN-SAVE Children Fund; CARE of Canada; OXFAM of Canada; United Nations High Commission for Refugees; World Vision of Canada.

CAPR earnestly asks you to help. If you don't who will?

Please send your cheque or money order to any of the participating organizations, to the church of your choice, or to Pakistani Relief, Box 1000, Station F, Toronto 5. Contributions may also be made at any chartered bank.



Scenes such as this are a familiar sight to visitors to the Whiteshell Provincial Park.

The struggle for peace

The recent announcement that the United States and the Soviet Union have reached a breakthrough in their efforts to curb the nuclear arms race is most heartening. Not only will the two super powers concentrate on reaching an agreement to restrict defensive anti-ballistic missile systems, at the same time they will also try to agree on limiting some offensive weapons. If there is a genuine nuclear arms limitation by the United States and the Soviet Union, mankind will breathe more easily.

But it must be remembered that the struggle for peace is not confined to nuclear weapons. In Asia in particular, warfare continues in several lands.

Almost 2,000,000 troops are engaged in the Indo-China conflict. This brutal war in-

volves about 50,000,000 people living in Vietnam, Cambodia and Laos. The Indian Government is trying desperately to care for between 2,000,000 and 3,000,000 refugees who have fled across the border to get away from the grisly war in East Pakistan. The Government of Ceylon is now holding about 13,000 pro-Communist insurgents and the fight against the rebels is continuing.

Nuclear disarmament is vital. But the struggle for peace also has to involve greater social justice for the poor and dispossessed of the world. Until the two billion people living in Asia are allowed to achieve a higher standard of living, instead of merely existing, there will continue to be strife and conflict in the world's most populous region.

LETTERS...

Dear Mr. Paynter:

I am pleased to have the opportunity to welcome the first edition of your newspaper "The Citizen" into our community of West Kildonan. Our community has been well served by the *Seven Oaks Sun* and although I am sorry to see that it has ceased publication, I am happy that the *Citizen* will be taking its place and continue to serve not only the West Kildonan area but all of North Winnipeg as well.

West Kildonan has always been noted for its strong community spirit and citizen participation and I understand that your policy will be to accurately and fairly record all aspects of the community life as they effect the citizens. In so doing I hope you will keep in mind those aspects of community life in which citizen participation is so vitally important and thereby continue through your newspaper to act as a vital chain in the way of life of our community.

I would like to wish you well in your new

publication and can assure you the co-operation of the West Kildonan Council to help make your newspaper an acceptable part of the way of life in our community.

Sincerely yours,
D.A. Yanofsky,
Mayor.

Dear Mr. Paynter:

It is a pleasure for me to welcome the new "The Citizen" which will serve a large number of our people. I think it is timely that with the beginning of the one large City concept that "The Citizen" should be commencing to serve a large segment of our population.

I note that your initial circulation will number 25,000 and I join with your readers in wishing you every success.

Yours very truly,
S. Juba,
Mayor.



Second class mailing privileges applied for.

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Veterans Alliance hold convention

The thirty second convention of the International War Veterans Alliance was held at the International Inn on July 31st., and August 1st., and was attended by members of War Veterans Organizations in Manitoba, North and South Dakota, and Minnesota and by members of the Ladies Auxiliaries of the Canadian Branches and American Posts.

Delegations to the convention from south of the border included representatives from units of the Alliance of Aberdeen, Bemidju, Bismark, Crookston and Thief River Falls in Dakota and from Fargo, Grand Forks, Moorhead, and Minneapolis in Minnesota, while Canadian Veterans came from the Winnipeg District Branches of the Army and Navy Veterans, the Royal Canadian Legion and the War Amputations Association.

The I.W.V.A. was organized thirty two years ago, when in the spring of 1937, C.D. Locklin, Commander of the American Legion Post at Grand Forks, wrote to Colonel Ralph Webb who was then Provincial Legion Command President, suggesting that an international gathering of War Veterans be held at Grand Forks and that a joint memorial service be held there on Sunday, September 6th. Needless to state, Colonel Webb heartily endorsed the idea and immediately began to make plans to ensure that Canada would be represented at the ceremony. His efforts were successful beyond expectation and the Canadian contingent included several chartered buses and a special train carrying over four hundred passengers, the Valour Road Memorial Branch Fife and Drum Band, the Cameron Highlanders Pipe Band, and the band of the Winnipeg District Command of the Legion. It was estimated that over seven hundred Canadians took part in this friendly invasion.

Late in the afternoon, discussion centered on a proposal by Commander Locklin to form an international organization of War Veterans in Manitoba and North Dakota for the purpose of perpetuating annual good will gatherings with a view to cementing the friendly relations already existing between the people of Canada and the United States.

The proposal met with unanimous approval and at a meeting held prior to the Memorial Service, the title of the Inter-

national War Veterans Alliance was approved, and executive and officers were elected and a constitution for the organization was drafted.

Since then, with the exception of the years 1943 to 1945 due to World War 2, the organization has held its annual convention, alternating each year in locations either North of the International Boundary or South of the International Boundary. In addition there are also held each year, two directors meetings which are rotated in the same manner as the convention.

W.K.H.S.

Flower Show

The W.K. Horticultural Society will hold its 21st Annual Flower Show August 19 and 20 at the Garden City Shopping Centre. Deadline for entries to the show is Wednesday, Aug. 18th at 10:00 p.m.

Entry classes open are: Cut Flowers; Gladiolus; Bowls and Table Centres; Baskets; House Plants; Fruits; Vegetables; Above Ground Vegetables; Adults Handicrafts and Domestic Science.

Boys' and Girls' entry classes include a Model contest, Baking contest, and a flower and vegetable class.

Winnipeg to host handicrafts

A large exhibition of arts and handicrafts from French-speaking countries throughout the world will be displayed at the Centennial Concert Hall in Winnipeg September 27 to October 3.

The show consists of more than 700 items from such countries as Viet Nam, Haiti, France, Luxembourg and a number of Francophone African countries. Bilingual hostesses will be at the exhibition to explain the items on display.

The showing has been arranged by L'Agence de Co-operation Culturelle et Technique, sponsored by 22 countries, including Canada. It has its headquarters in Paris. The agency fulfills an educational function among French-speaking countries, as well as encouraging and finding markets for arts and crafts, particularly from the underdeveloped nations.

The visit to Winnipeg is sponsored by the cultural affairs branch of the Department of Tourism, Recreation and Cultural Affairs and the Manitoba Arts Council.

Bartonian Metaphysical Lectures

The Bartonian Metaphysical Society presents PSI '71, a series of nine audio-visual lectures dedicated to psychic subjects. These lectures are scheduled to be shown every Saturday throughout the months of July and August, at 8:00 p.m. in the Planetarium Auditorium. Admission is free. Topics to be covered are: Introduction to Series, The Human Aura, Dream Power, Astral or Mind Projection, Ufology and Universal Law, Atlantis, Personality Survival Beyond Death, Ghosts-Their Habits & Habitats, and Modern Metaphysics.

Jaycees

The 8th organizational meeting of the West Kildonan Jaycees will be held at 7:30 p.m., August 3rd at the Kildonan Motor Hotel.

All interested young men between the ages of 18 and 39 are invited to attend the Tuesday meeting. As the Jaycee unit is only in the formation stage, it is an ideal opportunity to get involved as a charter member.

The new faces seen at the last meeting included Don Fidelak, Allan Mryglod, John Babiuk, Doug Vater, and Doug Brennen.

Welcome to Jaycees Fellas!

Up-coming programmes to be discussed include a membership drive, participation in the "Seven Oaks Days", and attendance at the Mid-Canada Jaycee Golf Tournament and Board Meeting to be held August 21st and 22nd at Beausejour.

Seminar for 4-H Garden Club

A three-day seminar for members of 4-H garden projects in Manitoba will be held August 25, 26 and 27 at The University of Manitoba campus, Winnipeg.

Officials of the Extension Service, provincial agriculture department, say that about 30 4-H members will be invited to participate.

The purpose of the seminar will be to bring 4-H club members together to study gardening techniques and become familiar with some of the research being carried out by the University of Manitoba. Recognition will also be given to those members who have successfully completed their garden projects.

During the seminar period the 4-H members will also attend a Winnipeg Whips baseball game and corn roast.

The seminar is being sponsored by the Extension Service of the Manitoba Department of Agriculture; McKenzie Seeds, Brandon; and the University of Manitoba.

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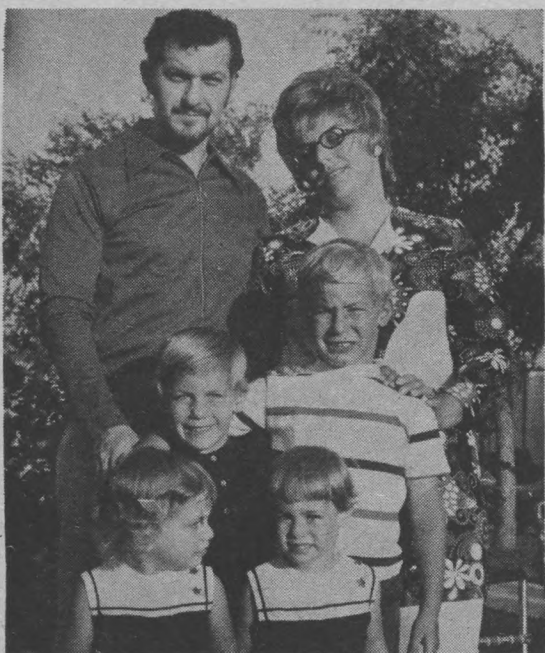
1290 Main St. Phone 586-8211

Hundreds learn to swim in summer classes

Kildonan Park Pool is again the site of a popular swimming program for Seven Oaks youngsters. This summer, well over five hundred youngsters are expected to participate in the morning swimming classes, which have been held during the month of July and will continue for the first two weeks of August. Last summer, 580 registrations were recorded. The classes are part of the Summer Community Schools program of the Seven Oaks School Division.

Pool facilities are rented from the Metro-

politan Corporation of Greater Winnipeg for a very reasonable rate, which in turn enables the School Division to offer the two weeks of lessons (forty-five minutes daily) for only \$3.50. Fully qualified instructors, many of whom are students from the Seven Oaks area, are employed. Classes generally range from seven to ten youngsters and a combination of Red Cross and Y.M.C.A. techniques are used. The program supervisor is Miss Miriam Frankel, a local university student.



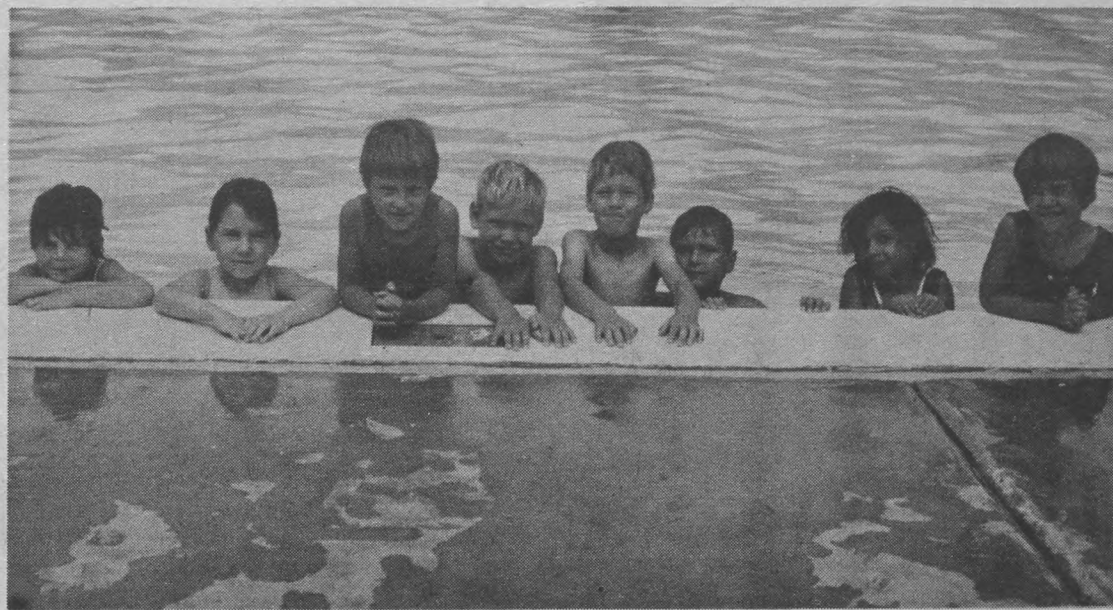
Mr. & Mrs. Frank Miller, of 351 McAdam and their children l. to r. Jeffrey, Marshall; front row twins Hayley & Hartley. Mrs. Miller was recently installed as president of the Winnipeg Parents of Twins & Triplets organization.

Photo by Martin Itzkow.

Residents receive community service awards

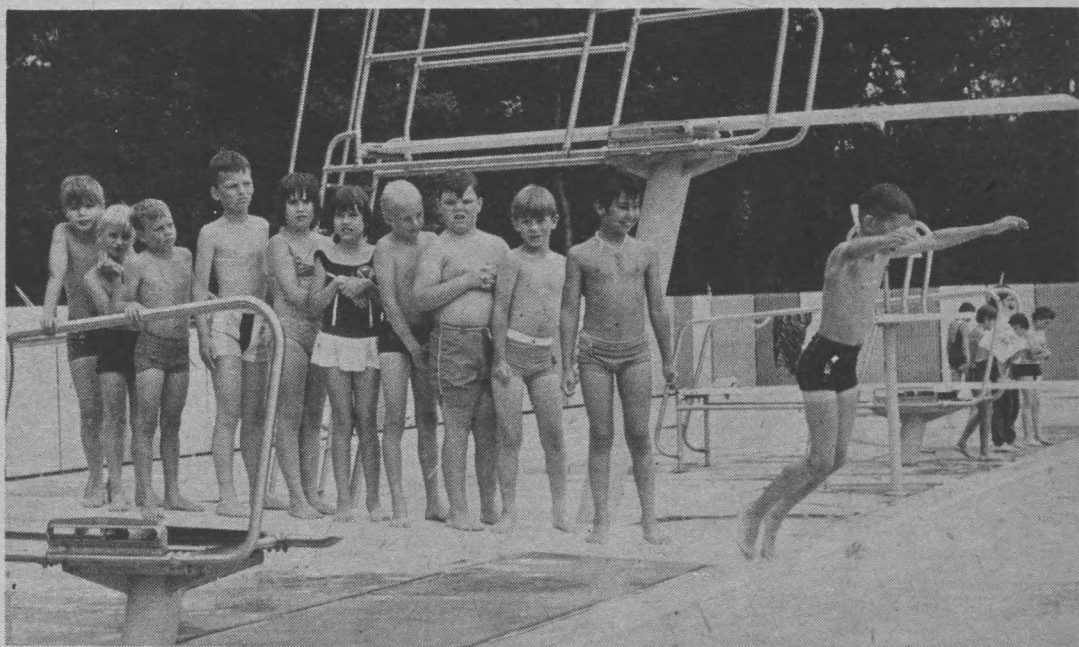
Four West Kildonan residents will be presented with Community Service Certificates at City Hall on Wednesday, August 4th, 5:30 P.M. Citizens receiving the certificates are: Hilda Brydon, Jeanette Slipetz, Laurence Alberts and Lawrence Gans.

The deadline for news of social, club, sports and church activities for publication in the following week's issue of The Citizen is Friday noon.



Cold, but in there learning to swim in the Community School's swim classes held at Kildonan Pool are; l. to r. Donna Kagan, Shannon Daragh, Kimberly Shuster, Andrew Eisbrenner, Chris Nizabik, Murray Hudon, Angelie Kapoor and Brenda Hutt.

Photo by Martin Itzkow.



Warren Pettit (far right) leaps into Kildonan Pool at Seven Oaks' Summer Community School swim classes. Awaiting their turns are, l. to r., Robert Zornick, Joseph Richelieu, Doug Lincoln, Kevin Farina, Elaine Parsons, Kim Applegate, Brian Lincoln, Hartley Fox, Tommy Koroluk, and Bradley Bokhaut.

Photo by Martin Itzkow.

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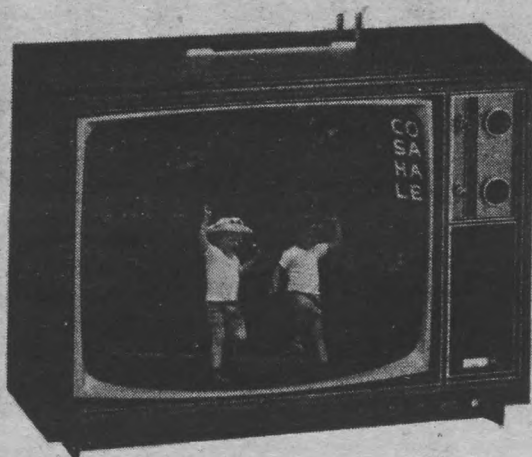
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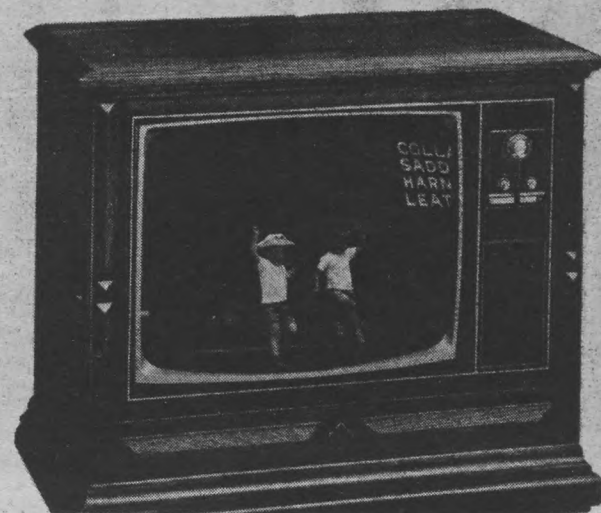


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West Kildonan Public Library seven new biographies

ETHEL, THE STORY OF MRS ROBERT F. KENNEDY, by Lester David. Cleveland, World, 1971.

This Ethel - the thirteen-year-old girl, the college girl, the young Washington wife, the widow pillowing her head against the mahogany Coffin of her murdered husband - sleeping at last on the way home from "victory" in California. This is the story of Mrs. Robert Kennedy told compassionately, but with honesty and insight.

HO, by David Halberstam, New York, Random House, 1971.

A short, brilliant portrait of Ho Chi Minh - who twice led his nation into successful battle against the West. It is more than a study of a remarkable leader. In "Ho", David Halberstam - one of the first American journalists to understand the tragedy of Vietnam - makes clear why the United States has not, and possibly cannot, win in Asia!

THE HORSEMEN, by C.W. Harvison. Toronto, McClelland & Stewart, 1967.

"The Horsemen" is Commissioner C.W. Harvison's own story of what it is like to be

a member of the world-famous Royal Canadian Mounted Police. This is no official history of the Force, but the story of a young man who spent thirty-six years as a Mountie and found himself in 1960, the Commissioner of the Force.

KRUSHCHEV REMEMBERS, by Nikita Krushchev. Boston, Little, Brown, 1970.

This book is a historical first. Never before, in all the years since the great Russian Revolution, have we had access to the intimate political reminiscences of a Soviet leader. Now he speaks across the East-West barrier, in the earthy forthright style we were so familiar with just a few short years ago, and what he has to say forms one of the most important records of our generation.

OUT OF THEIR LEAGUE, by Dave Meggyesy. Berkley, California, Ramparts Pr., 1971.

Dave Meggyesy, for seven years an outside linebacker with the St. Louis Cardinals, quit at the height of his career to tell about

the dehumanizing quality of the game about the fraud and payoffs, the racism, drug abuse and incredible violence. Newsweek magazine says OUT OF THEIR LEAGUE is "in a league of its own in its provocative view of the mentality and morality of American football."

VICTOR HUGO, by Samuel Edwards. New York, David McKay, 1971.

Victor Hugo - sensual, absurd, tragic, vigorous. Capturing the titanic sweep of his life, Samuel Edwards presents this man for all seasons as he strides through Europe of the last century.

AT THE DROP OF A VEIL, by Marianne Alireza. Boston, Houghton, Mifflin, 1971.

Marianne Alireza was an American married to an Arabian. Back home she had never been out of the state of California. Suddenly she was a member of a rich and prominent Arabian family, veiled and cloaked like a Biblical figure, visiting a king's desert encampment, not only miles but two hundred years from home.

New at the St. John's and McPhillip's Libraries

A new experiment in summer activities for children has met with great success so far this summer. Thursdays at St. John's Library and Wednesdays at McPhillip's Library have been designated "Action Day" to replace the former Summer Reading Club program. These special activity days have included movie showings, sing-alongs, a Pet Parade and a Puppet workshop as well as college days and mobile-making programs. On July 22 forty-two members of the Selkirk Avenue Avenue had been served with an expropriation notice for the Lord Selkirk Park urban renewal development. The tenant located other premises and then the government changed its mind about expropriation because they had no specific plans for the property. The joint-adult-teen committee felt the building would be suitable for a community centre and approached the city

ACTION

from Front page

to have the property expropriated for that purpose. Following many meetings between residents, representatives of social and welfare agencies and government officials, the building was finally purchased for the purpose of a community centre in the spring of 1970, almost a year exactly since initial overtures were made to the city for a place for residents to carry on community activities.

The City of Winnipeg leases the building, at no charge, to the North Winnipeg Community Action Centre and provided an operating grant of \$19,400 for the 1971 budget year. The Centre itself undertook to raise \$5000. for operating expenses during 1971. The cost of renovations was covered by a grant from the Rotary Club of North Winnipeg in the amount of \$25,000 and the Club also pledged \$2,000 a year, for five years, to help pay operating expenses.

The Centre is run by a Board of Directors which includes 51% of its membership from residents of the community. According to Adrian Bishop, a board member, the group plans to act not only as a recreation centre but to deal with all "forces affecting the life of the community". This could include involvement in housing, urban renewal, schools and re-zoning.

Negotiations are underway now to establish a day nursery in the centre. Students from the R. B. Russell School (across the street) helped out with the carpentry and decorating as a school project. During a regular school year there are over 1200 attendances per week in the teen centre. Along with the other programs now taking place in the Centre, complete community co-operation seems to be the order of the day and the success of the Centre seems assured.

Day Centre joined thirty-five children at the St. John's Library for an afternoon of singing, dancing and talking. All those present saw first hand that it is still possible to bridge the generation gap and for members of two widely separated age groups to teach and learn from one another.

For the adults, both branches are now featuring new "ROTA" or rotating collections of items in demand such as new popular records, new Ukrainian books, large print-easy-on-the-eyes books and popular mysteries. These collections stay in the branches for about three months and then are moved to another location in order to provide maximum exposure for the material. Thus far they have proved to be very popular.

Both the St. John's Branch Library and the McPhillip's Library are branches of the

see — LIBRARIES — page 15

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Historic Manitoba Seven Oaks

Between Rupertsland Avenue and Seven Oaks Avenue on Main Street in West Kildonan stands a monument that marks the site of the battle of Seven Oaks. It was near this location that Cuthbert Grant of the North West Company and 60 Métis battled with the Governor George Semple and some 55 men from Fort Douglas on the evening of June 19, 1816.

Because of food shortage in the Red River settlement, the Hudson's Bay Company had prohibited the export of pemmican and other provisions to eastern Canada. In defiance of the proclamation and because of the desperate need for supplies by the NWC's eastern brigades, the Métis leader Cuthbert Grant and his men raided the BC's Brandon House on the Assiniboine River. They then proceeded east across the prairies with a train of pemmican which they attempted to sneak past Fort Douglas in the area now called Point Douglas, in Winnipeg. Cuthbert's party was spotted from the fort

Semple with his handful of men rode out to intercept them. A bloody battle followed in which Semple and most of his men were killed.

In the same area, 1½ blocks from Main Street on Rupertsland Avenue East, stands the oldest habitable home in Manitoba, Seven Oaks House. A two storey nine-room building, it was constructed by John Inkster (merchant, freetrader, farmer, and mason) between 1851 and 1853. The house was continually lived in until 1954 and was restored as a historical museum in 1958.

The exterior of the house was constructed of ax-hewn oak logs and the interior was of spruce with the exception of the ceiling which was cedar. All the materials such as glass, putty, door locks, paint, hinges, and nails were brought from England. The refurbished house provides an excellent glimpse of what life was like in the 19th century.



Seven Oaks House, scene of the buffalo head hunt.

Photo by Martin Itzkow.

Visitors from all parts of Canada, the United States, and from many European and Asiatic countries visit the Museum every year. During Manitoba's Centennial year 10,741 visitors toured the building. It appears this figure will be surpassed in 1971, since many visitors arrive each day.

The Museum is operated by the City of West Kildonan, with a volunteer staff acting as guides. This year difficulty is being experienced in obtaining ladies and young girls to

donate their time as volunteers. Any person in the community who might wish to act as a guide is asked to contact Mrs. Mary Cunningham, President, Ladies Auxiliary or Miss Mildred Johnson, Publicity Convenor at 339-2027.

The museum is open daily, Monday to Sunday and the hours are 2:00 p.m. to 4:30 p.m. in the afternoons and 7:00 p.m. to 8:30 p.m. evenings.

Where's The Head Of The House ?

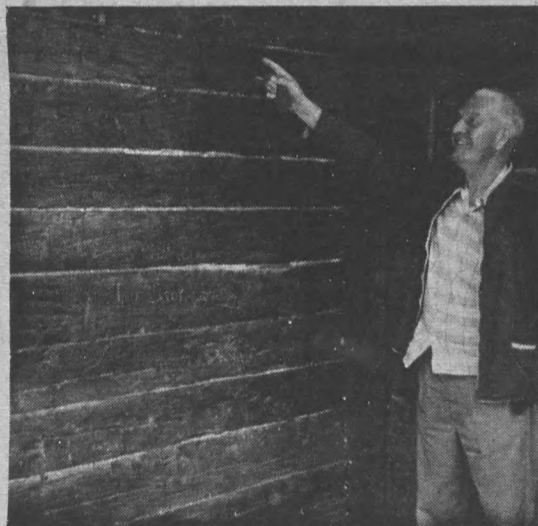
Mr. B.T. Brown, Caretaker of the Seven Oaks House Museum in West Kildonan Monday reported to W.K. Police Department the theft of the House's huge stuffed, mounted buffalo head.

The head, which hung about 9 feet high on the northeast outside wall of the museum, is guesstimated to weigh at least 100 lbs., and measures 2½ feet wide by 4 feet deep.

Police suspect the theft to be the work of

juveniles, and presently have the case under investigation.

"I thought it had gone to the taxidermist to get repaired," said Mr. Brown, "as it was missing part of its dewlap." He added, "We've been fairly fortunate, as the buffalo head is the only thing that's been taken from here in the past two or three years."



Caretaker, B. T. Brown, contemplates the empty wall of the Seven Oaks House Museum, where a buffalo head once proudly hung.

Photo by Martin Itzkow.

Manitoba Teachers Serve In European Schools

A total of 14 Manitoba teachers will be teaching in Europe in schools of the federal department of national defence during 1971-72. Another seven Manitoba teachers are returning this year having completed similar assignments started previously.

Seven of the 14 teachers overseas during the coming school year were appointed recently and will start their assignments in September. They are Boris V. Bachynski, Elizabeth Dawson and Rose Polka, Winnipeg, of the Winnipeg School Division; Mrs. Norma E. Nordlinger, St. James-Assiniboia, and Rudy Thiessen, St. Boniface, also of the Winnipeg School Division; Gary D. Finlay, Fort Garry, of the Transcona-Springfield School Division; and Robert G. Haas, Neepawa, of the Beautiful Plains School Division.

The teachers who are returning to Manitoba this year after having served overseas see **TEACHERS** page 15

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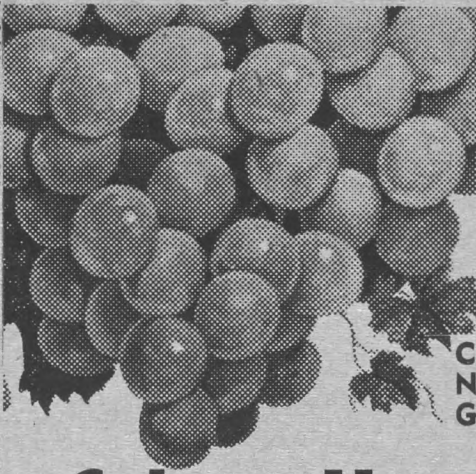
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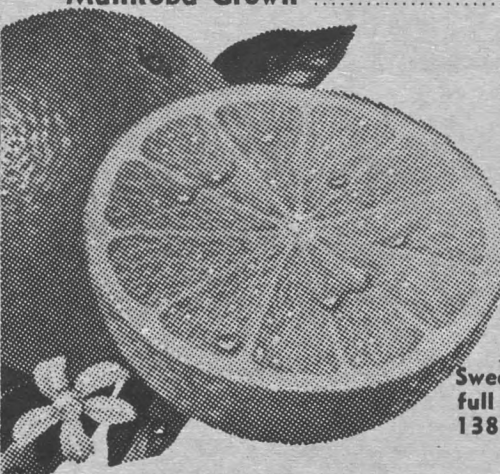
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Lifeseeing Essential part of visiting India

In addition to museums, sculptured temples, and architectural masterpieces of centuries past and present, fascinating India has a variety of unusual and compelling activities of a non-sightseeing nature, of interest to any visitor.

No visit to this timeless country is complete without meeting her people and combining "lifeseeing" with sightseeing.

Take game watching for instance. A visit to one or more of the 17 sanctuaries for wild animals and rare birds is truly a thrilling experience. Travel in the game preserves —

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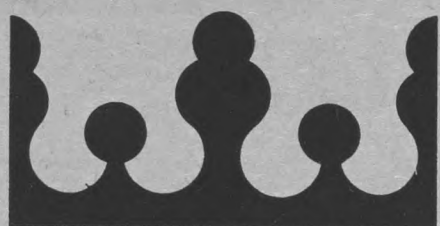
Hunting is permitted but with a camera only and the photographic possibilities are marvelous. In western India's Gir Forest the last of Asia's lions can be your subjects; numerous species of birds abound at Kanha, in Central India, and Ghana, near Agra in the north. In the eastern region, at Kaziranga, the one-horned rhino stands knee-deep in water lilies; elephants gambol in a large lake at Periyar in south India; and tigers roam at Corbett National Park in the North.

I.C.E.C. of Seven Oaks

INDEPENDENT CITIZENS

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Photogenic folk dancers of the Punjab enliven festivals and fairs in northern India. Those who shun traditional sightseeing tours will find there is never a dull moment in this timeless country.

Few people associate swimming with India yet Goa boasts some of the prettiest sand-beaches in the world where you relax under swaying coconut palms. After a dip, sightseeing can be pleasurable here — even for non-sightseers. Cruise down the broad and beautiful Mandovi River, enter Old Goa through the former Viceroy's Arch and leisurely stroll through centuries-old churches built by the Portuguese.

Covalam Beach near Trivandrum in Kerala further south offers other delights in a similar vein. Swimming is done in a natural pool made by the happy accident of rocks creating a barrier from the sea. Near the beach is a former maharajah's summer palace, now an intimate and charming hotel.

For those interested in communing with nature on an intimate basis, northern India is your answer. From Darjeeling for example, the mountainous tea-planting town where everything is built on terraces, you can hike in the Himalayas. April and May are the times to see wild flowers and mid-October — December, the season to look at snows and glaciers. In Darjeeling you can also cheer your favorite horse at the races on one of the smallest tracks in the world. Not to be missed here is the excursion to Tiger Hill at dawn to see the sunrise tint snow-capped 28,146 foot Kanchenjunga an array of brilliant colors from deep red to pink.

Excellent golf courses are found in all major cities and at many of the mountain resorts, such as Gulmarg in Kashmir, located 8,500 feet above sea level. No need to worry about memberships — even exclusive golf clubs (and also tennis and sailing clubs) issue temporary membership permits to visitors from abroad.

India's bazaars are always an attraction — and some excellent buys are to be found. You can stroll endlessly in the lanes of glittering bazaars where silks, silver, rainbow-colored bangles, perfume oils and other items are sold. Bargain to your heart's content over any item large or small and enjoy a lesson in Eastern commerce.

India is a land of festivals and fairs. Every season of the year, in every corner of India, the people are celebrating something. Some

of these feature parades, others flickering lamps and fireworks, still others folk dances and pageants. At country fairs you might see camels race, monkeys turn cartwheels, have your fortune told or your silhouette snipped out of black paper, all in about the time it takes to snap your fingers.

There is another bonus involved in travel to India: budget tours put the country at your doorstep for as low as \$661 including round-trip air fare from New York, hotel accommodation and most meals. For information on the complete range of tours to India, write to the Government of India Tourist Office, P.O. Box 342, Toronto Dominion Centre, Toronto 111, Ontario.

For those who seek an abundance of traditional sights and for those who simply seek more of life, India is your answer.

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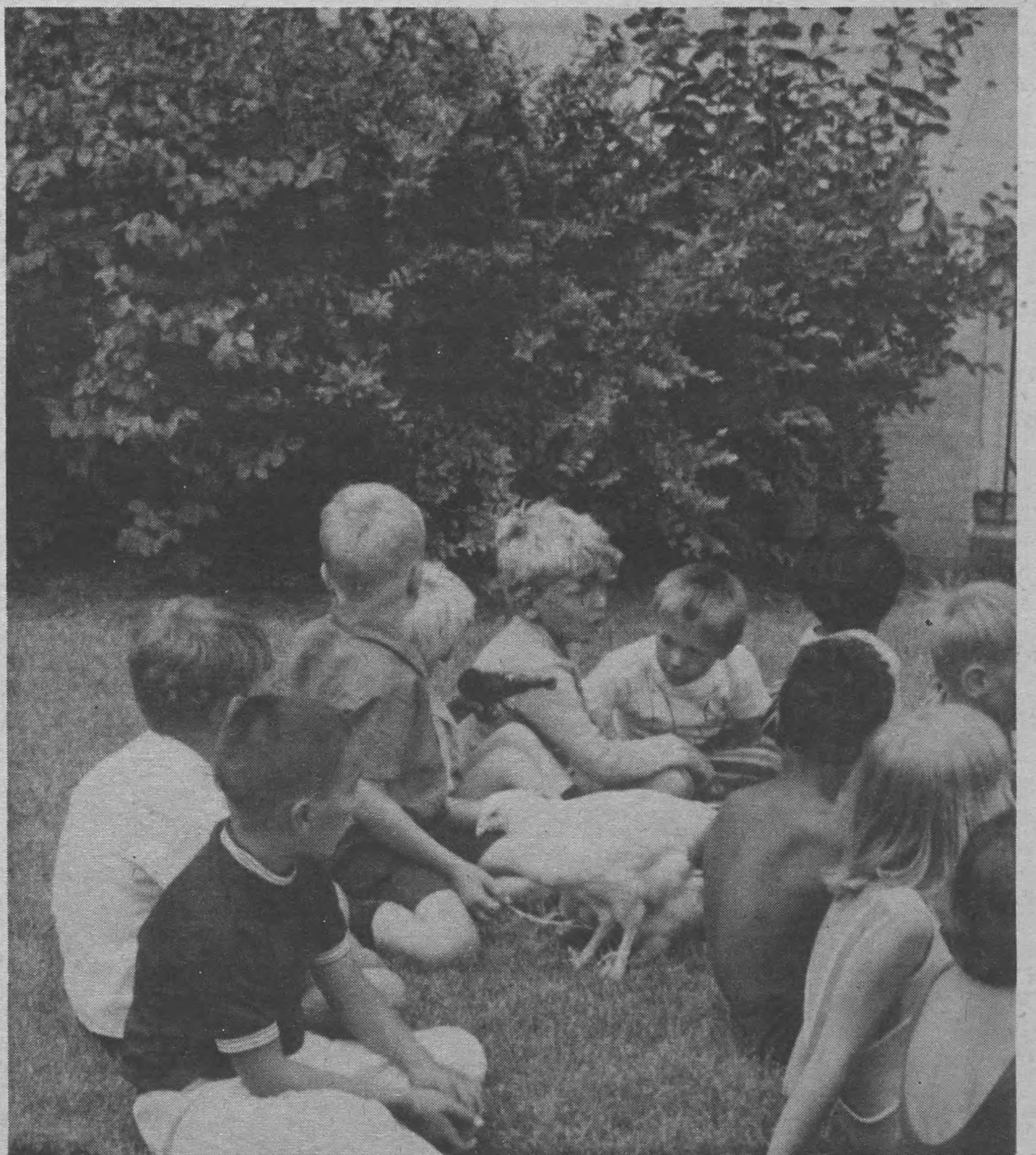
Pet Parade at St. John's



At the Pet Parade held July 15, judges (from left to right: Jim Gray, Margaret Hetke and Marilyn Clubb, community services librarian) watch as an eager entrant puts her pet through its paces.



A patient pooch, Rusty the Dog, waits with his owner for his turn to participate.



The parade was for pets of all descriptions and "Skyhawk the Chicken" solicits support from wary youngsters.

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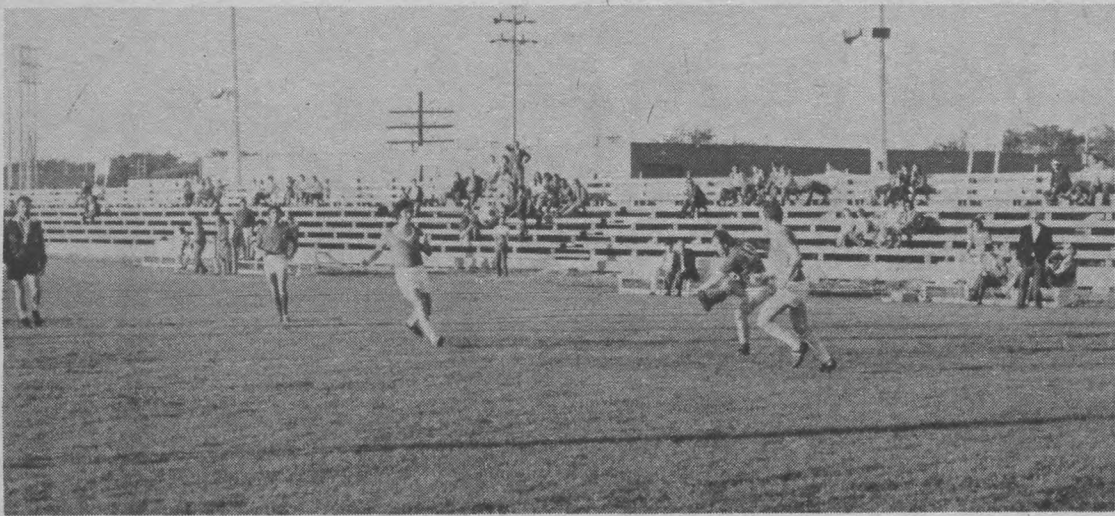
49¢

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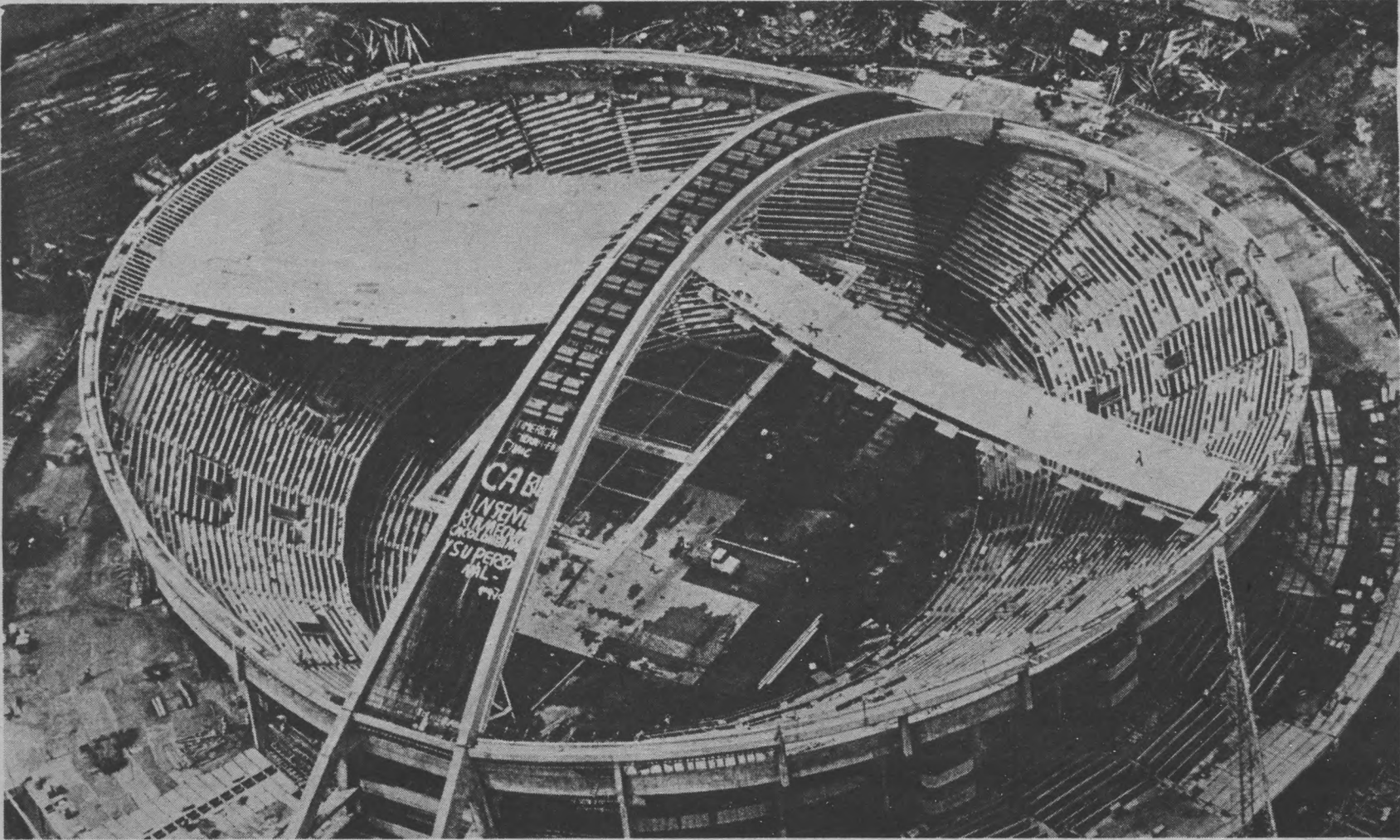
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Luck seems to evade the West Kildonan Soccer team as they lost 4-0 against Italia Monday, July 26 in the semi-final game for the Manitoba Cup (picture above). Their July 29 game was cancelled, due to rain, with 9 minutes left to play. Although West Kildonan was ahead 2-1, the game now must be replayed.



The Pascual Guerrero Stadium in Cali, Columbia, one of six stadiums to be used as sites for this year's Pan-American Games. CBC-TV and RADIO Sports coverage of this year's famed Pan-American Games will originate from Cali, Columbia with telecasting and broadcasting of major sport events on both the English and French networks. Over 16 hours of programming has been scheduled to Saturday, August 14 by CBC-TV as coverage of the major sports events of this year's Games. CBC Radio coverage will include an average of five ten-minute reports daily from the Games site.

CBC Coverage for Pan-American Games

The Sixth Pan-American Games opened in Cali, Columbia, on July 30. Both CBC Radio and TV are bringing Canadians extensive coverage of the Games which "in quality and quantity of athletes only the Olympics are more ambitious". Lasting two weeks (the Games end August 13), the Pan-American

Games bring together athletes from about 21 North and South American countries, including Canada's largest-ever contingent of athletes.

Almost since the first Games, the standings have been USA first, Canada second. Experts say this edition of the Games may see Canadian gold medalists in almost all sports, but especially in swimming, diving, track and field, cycling, weightlifting, boxing, and equestrian events.

CBC Radio Coverage will be "almost live" to Canadians: coverage reports will come by land-line from Cali to a satellite transmitter near Bogota, Columbia, by satellite to New York, by line to Toronto, and then live to the CBC Radio network across Canada! Says producer Bob Helm: "It's never been done before, but we're going to try it."

The facilities at Cali have been built from nothing. There are installations in three sport units: Alberto Galindo Herrera, San Fernando and Pan-American. The gymnasium holds 15,000 spectators.

Radio commentators are Fred Sgambati (track and field), Fred Walker (swimming and diving), Alec Bollini and Gordon Atkinson (other sports).

Radio coverage began Friday, July 30, with coverage of the opening ceremonies inserted into Radio Free Friday. On the weekends and during the two weeks, there will be approximately five ten-minute reports each day on the Games. There will also be coverage of the closing ceremonies on August 13.

Coverage will include footage of the opening ceremonies as well as day-by-day filmed highlights of Games events. TV commentators are Ernie Afaganis, Ted Reynolds, and Don Wittman. The Games are also carried on the CBC's French language TV network. Commentators on the French radio and TV networks are Rene Lecavalier, Jean-Maurice Baillet, and Richard Garneau.

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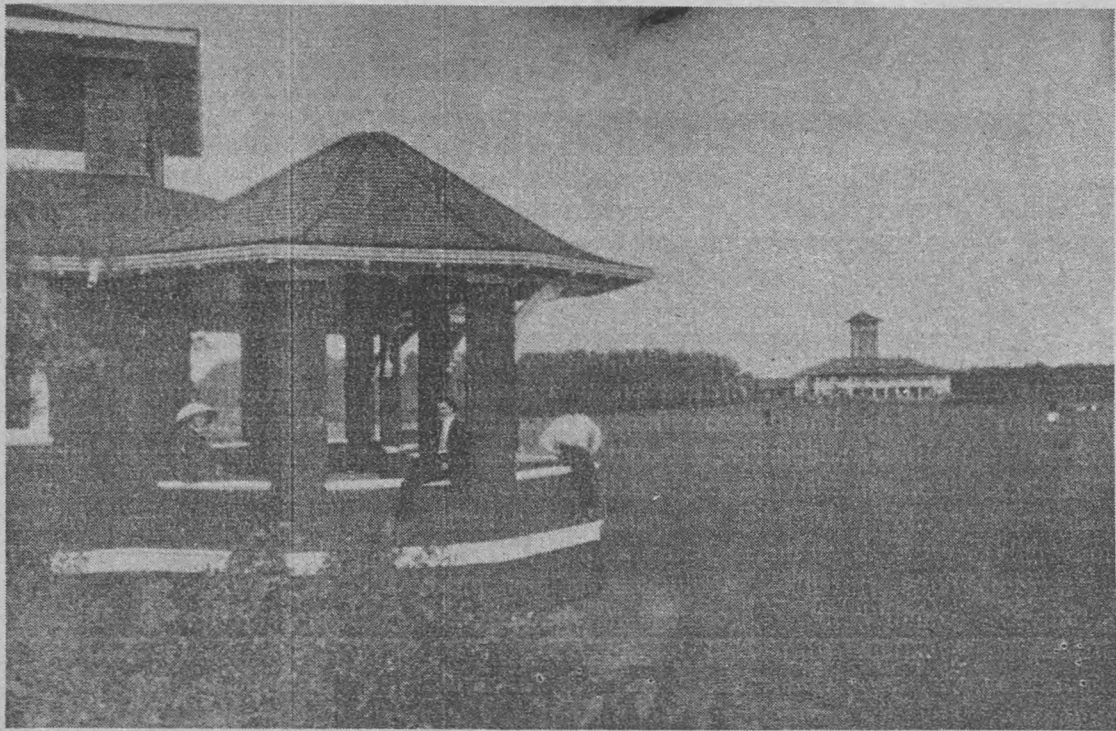
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In 60 years things have changed a great deal — and not much.

Above — In 1911 a new cricket pavilion was opened. In the background can be seen the original Assiniboine Park Pavilion. It was destroyed by fire in 1927.

Below — Today — the new Cricket/Field Hockey Pavilion is seen in the background. Cricket is still a popular pastime.

TEACHERS

from page 10

for two or more years are Douglas Anderson, Melita, Antler River School Division; James Berryere, Audrey McIntyre and Mrs. J. M. Nicolson, Winnipeg, Winnipeg School Division; Mrs. Christine Dowd and Walter J. Dowd, Flin Flon, Flin Flon School Division; and Gordon Williamson, Obdodo, Brooke School District.

As a rule, teachers selected by the department of national defence, Ottawa, to serve in schools overseas are appointed for two years after which they return to the school division or district where they were employed prior to their departure.

LIBRARIES

from page 8

Winnipeg Public Library and so have access to many more books, records and other material than only that which is on their own shelves. Because of the forthcoming Uni-City Legislation, all residents of Metro Winnipeg can use the Library and all of its Branches, as of July 30, 1971. The \$5.00 non-resident fee will no longer be required from those people living in suburban areas.

Any further information with regard to services, activities, materials or programs may be had by contacting the St. John's Branch at 582-6431 or the McPhillip's Branch at 586-6442.

Garden City



**1st Birthday Sale
Starts Aug. 12**

Sixty Years of Cricket

The year 1971 marked the 50th anniversary of municipal golf in Metro Winnipeg, and the occasion was suitably commemorated. Another milestone was reached this year in the field of municipal athletics, and almost went unnoticed.

Sixty years ago, in 1911, the game of cricket found a permanent home in Assiniboine Park with the completion of two fine pitches and a cricket pavilion. The game received such enthusiastic participation by many of the transplanted natives of the British Isles that the additional pitches were

prepared in the autumn for use the following year.

Sixty years later, in 1971, the game of cricket is still popular. Eight teams use the pitch regularly and now Field Hockey has been added to the summer season in Assiniboine Park with eight teams competing in that sport also. A new building was constructed in 1966 for the Field Hockey events during the 1967 Pan-American Games and now serves the needs of both Cricket and Field Hockey enthusiasts each week during the summer.



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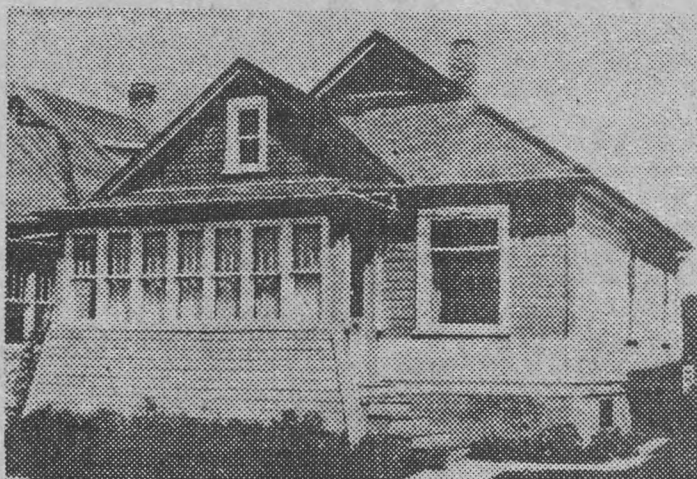
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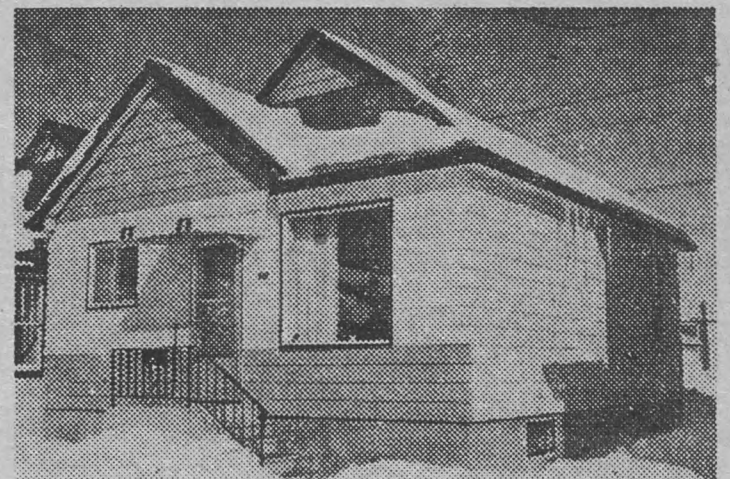
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ENTERTAINMENT

Shooting starts shortly on Manitoba Indian Film

A feature-length modern Indian love story is planned for filming in Manitoba this summer, it was announced today by MYSA Productions Limited, a local film company headed by Norman Werbuk.

The film, featuring all-Canadian talent and an all-Canadian production crew, is scheduled to go before the cameras within a month, according to Mr. Werbuk.

Much of the talent will be drawn from Manitoba, including the three leading male roles. Director Leonard Yakir, at 24, appears to be another of the new mold of young Manitoba directors. He is a Winnipeg native who hopes to make an impact upon the film industry with a significant film with a moving story line.

Executive Producer Philip Yakir said largely local finances will back the 90-minute, major budget film which is planned for showing in a national theatre chain. Although production of the film has kept quiet until now, several prominent businessmen have made funds available for pre-production and some of the filming costs.

"Western Fantasy", the working title of the film, centres around a Manitoba Indian youth fresh off a reserve who falls in love with a young Eastern Canada transient girl. He is accompanied to the city by a friend from the reserve and is befriended by another Indian who has been accustomed to urban life. All three male roles are played by

Manitoba Indians.

Script writer and co-producer is Ian Ross, Toronto, who was staff writer for the CBC-TV series "RAINBOW COUNTRY". Some of his other credits include Canadian Short Stories, McQueen, Festival and Program X — all CBC television dramas.

Working behind the scenes will be another well-known personality from "RAINBOW COUNTRY". The program's star, Stephen Cottier, will be a production co-ordinator.

The scenes will be filmed in Winnipeg, Sandy Bay Reserve and around the Lake of the Woods. The performers went into off-camera rehearsals last week, according to Mr. Yakir.

Naturally it is Best

By Rudi McCowan-North Y.M.C.A.

Imagine yourself drifting, bobbing, buoyant on a carpet of gently rolling water, sheltered on both sides by the massive green giants and overhead by a pale but bright blue sky. You are completely isolated from the stagnant and unimaginative character called the city. What better way to escape the alienation and tension, but outdoors among peaceful surroundings.

The outdoors allows you to reacquire yourself with the more beautiful and important things in life. Clean, fresh air and an early morning sunrise with the dew still sparkling on the grass, bombard the senses so that you never want to leave. The sunset can only be outdone by the sunrise, slowly glowing as the day turns dark.

You can never be completely alienated in the outdoors. Close relationships, almost affairs, develop between yourself and the trees, rocks, birds and animals. The sky, sun and moon with the expert help of the stars set up a mosaic so breath taking it cannot be described or reproduced.

Use and enjoy nature to its fullest, don't misuse and destroy. Remember that nature was our predecessor and can still be our savior.

"For days and hours that shine and shine,
For magic moments I call mine,
For dreams like sea-gulls soaring high,
Glad, glad am I."

Author Unknown



YABBA-DADDA-DO! This may be the first time your eyes have been at the mercy of this Norwegian babe — but it sure won't be the last. Her name is Julie Ege (36-24-36) and movie-makers are boosting her to heavyweight status as a screen temptress. Her first movie will be "Creatures The World Forgot" (ah, everyone but her, that is!). TTS

"FIDDLER ON THE ROOF"

Ten West Kildonan residents have been given parts in Fiddler on The Roof — Rainbow Stage's second production for 1971.

They are: Brian Guberman, 379 Enniskillen; Norman Isler, 529 Rupertsland; Miriam Kohn, 635 McAdam; Kenny Maslowsky, 738 Jefferson; Janis Moss, 7 Royal Crescent; Irwin Raber, 355 Burrin Ave.; Michael Raber, 355 Burrin Ave.; Pamela Schwartz, 172 Rupertsland; Morley Silverman, 77 Peony; and Simmie Stoller, 54 Montcalm Crescent.

PLANS

from page 3

Friday, September 17: Entries for the Seven Oaks Days' Parade have been arriving slowly. To date, the only definite parade participants are the West Kildonan Legion and the Public Works employees, who will enter a float. Convertibles are required for driving the Beauty Pageant candidates in the afternoon parade. Any person interested in taking part in this aspect of the event is asked to call Bill Sasaki at 334-4381. At the conclusion of the parade, program planners hope to repeat the popular "Seven Oaks Shuffle", inviting elected representatives from other areas to attend.

Saturday, September 18: The Margaret Park Community Club will host a Beer Garden in addition to a full day program of events. The West Kildonan Legion will man a barbecue at the Community Centre during the afternoon and evening. Street dancing Saturday night will culminate the day-long activities.

Sunday, September 19: Due to major performers not being available there is a strong possibility that the Rock Festival for Youth, scheduled for Sunday, September 19, may not take place. According to Alderman Charles Bachman, "unless we get some volunteer entertainment soon, we will have to cancel the Rock Festival portion of Seven Oaks Days". Persons interested in participating in this Festival, to be held at Main and Jefferson Shopping Centre, may contact Alderman Bachman at 942-5537.

The deadline for news of social, club, sports and church activities for publication in the following week's issue of The Citizen is Friday noon.

Fiddler On The Roof is the story of Tevye, a poor milkman, his shrewish wife Golde and five lovely but dowerless daughters in turn-of-the-century Russia.

Fiddler runs Aug. 4-21. Tickets are available at ATTRACTIONS Ticket Office, Eaton's downtown and Polo Park; Celebrity Box Office, the Bay; and before showtime at Rainbow Stage box office.

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August 6 - 8



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The trips will take you by car to Point du Bois on the Winnipeg river and then by canoe to Lamprey Falls. Trippers leave Friday afternoon and return Sunday evening.

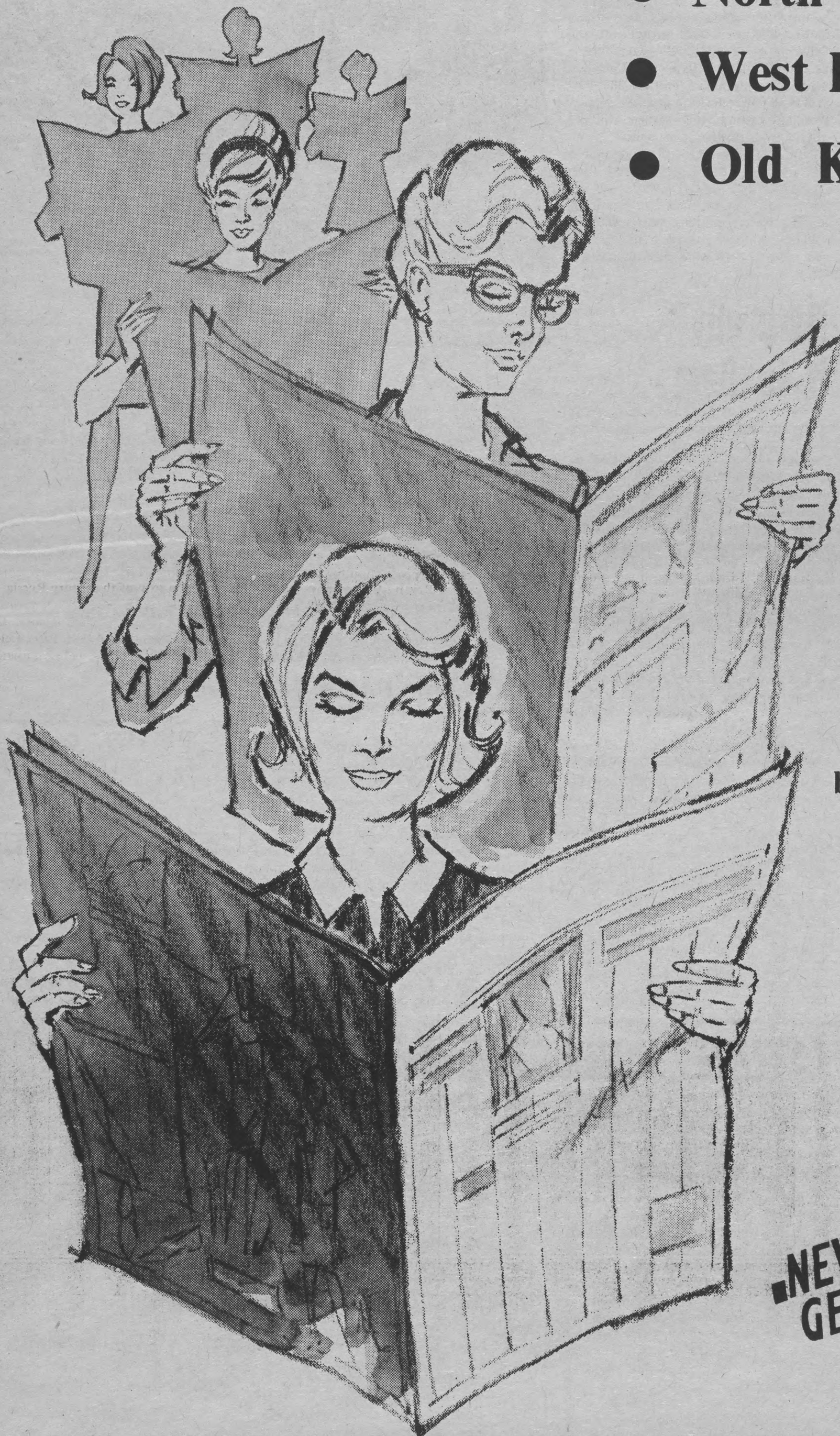
Cost to you is only \$15.00. This includes transportation, food, canoes, paddles, tents and expert guides. Register early, limit is only 10 persons per trip.

For further information call
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Shaughnessy United Minister Retires

After eight years of service in Shaughnessy United Church, Railway and Magnus, the Rev. Alex Gavrel retired recently.

Rev. Gavrel has his roots on both sides of the Pacific Ocean. He spent twenty-seven years in various missionary and social activities in China. While in Shanghai he worked with the American Advisory Committee to the Christian Council of China and was also Director of Shanghai Missionary Centre.

He moved to Winnipeg with his family from Nipigon, Ontario. While here, he increased the congregation and built a new church. The most exciting ecumenical relations have been established with St.

Peter's Roman Catholic and St. Barnabas Anglican Churches due to Mr. Gavrel's dedication to this cause.

Mr. Gavrel has been active in Parent and Teacher's Association in Sisler High School and the Winnipeg Inner City Council.

An Ecumenical Farewell Supper Party was held in honour of Rev. and Mrs. Gavrel on June 22nd at the Shaughnessy Church Hall. Presentation of a purse was made to the retiring minister and a bouquet of lovely red roses to Mrs. Gavrel.

Father Art Seaman made kind remarks and presented gifts on behalf of his church. Mrs. A. Shkwarek expressed good wishes on behalf of Anglican friends.

Red Cross Plan Tag Days To Aid Pakistan Victims

A series of tag days tied to specific events in Manitoba are planned as a means of giving residents an opportunity to aid the destitute victims of Pakastani civil unrest.

W. A. LeBlanc, commissioner of the Manitoba Division of the Red Cross, said today his organization has agreed to undertake the physical aspects of this campaign for the Combined Appeal for Pakistani Relief. Other organizations—more than 10 voluntary groups are involved—are attempting to generate support in other ways.

Mr. LeBlanc says: "The problems in Pakistan are so immense, so complex that it is only through a co-operative and co-ordinated effort that we can make a significant contribution toward relieving it."

Red Cross have the machinery for the tag days and are confident Manitobans will sup-

port this segment of the campaign."

More than 5,500,000 persons—more than the population of the western provinces—are penniless and are facing starvation and disease. Mr. LeBlanc said cash is urgently needed.

The decision to seek support through tag-day-like events was made at a meeting this week of the various organizations participating in the campaign in Manitoba. Among the organizations are:

Canadian Catholic Organization for Development and Peace, Canadian Council of Churches and its member churches, Canadian Red Cross Society, Canadian UNICEF Committee, CANSAVE Children Fund, CARE of Canada, OXFAM of Canada, United Nations High Commission for Refugees, World Vision of Canada.

from the Pastor's desk

by Rev. George Munchinsky

The other day I received a letter addressed to the "Pastor's Desk". As there was no comment to indicate otherwise, I take the liberty to reproduce this letter.

Dear Sir:

"Perhaps you might want to find this way of love through the Church." My comments on your article in the North Star are this; inspiring, humble, very indirect, cool and a pleasure to read, considering the local literature which headlines factual garbage which only is a vexation to the spirit. I have no questions to ask only to suggest a topic based on Inspiration in regards to the following lines. Inspirationally Yours. Rocked and cradled into the arms of sentiment, you may find yourself drowning deeply into a self-contained world of fantasy, creating only your own realistic visions which no one else shares and when you awaken from your coma, shocked you may be able to find the world has not changed and the crippled foundations of man . . . , the so-called establishment still exists. And how quickly you

run back to your container of sheltered emotions which might be commercialized with alcohol, a various mixture of drugs or a few ounces of self-pity, buttered only with anxiety, rebellious creativity, and an unbalanced attitude towards your environment, . . . you lack vision, refinement, self-taught morals and scruples for mankind. You are a light that never shines unless inspiration pulls your cord, to activate your personality and make your thoughts become a sensible reality with constructive meaning. Then very gallantly you will enter our troubled world, you will master the art of meditation before participation and have complete control over your unique body of life using no additives to discourage the delicacy of nature. You will not be concerned about the problems of life only the solutions and these problems of the world can be solved with the inspriation of all mankind.

Respectfully, — M. M. T.

I think this reminder of needed inspiration is good. However, as one who personally knows The Inspirer, I believe we must go one step further. God will inspire us to do good if we but seek for that inspiration. He has already given a good deal of it. In the Bible we read that "all scripture is inspired by God and is useful for teaching the truth, rebuking error, correcting faults, and giving instruction for right living." (II Timothy 3:16). Again as a pastor I recommend the church. Find a church where God's word is recognized as His Inspiration, where it is used for teaching truth, rebuking error, correcting faults, and instruction for living and you will receive true inspiration both recorded and personal.

Garden City



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The readers of The Citizen are invited to keep the paper informed of all social activities, club news and sports events taking place in West Kildonan, North Winnipeg and Old Kildonan by writing The Citizen, 619 McDermot Avenue, Winnipeg or by phoning 786-6871.

The deadline for news of social, club, sports and church activities for publication in the following week's issue of The Citizen is Friday noon.

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Garden City

PARK
from front page

front of their homes. He also was concerned about the sanitary problems commonly linked with horses. Alderman Charles Bachman suggested an alternate starting place for the rides, in the parking lot near Rainbow Stage, which he felt would be a more suitable location.

The carriage rides, each to accomodate four persons, will be followed, if proves successful, by stagecoach and surrey rides and possibly cutters to be used during the winter. At present W.J. Ranch plans to run the rides on Sundays only and perhaps include Saturdays at a later date.

The matter was referred to both the Public Works and Finance committees for recommendations.

CENTRE
from front page

Youth Program and is operated in Cooperation with the Seven Oaks School Division.

Each of the two-week sessions is held in a different location. West St. Paul School was the site of the July 5 to 16 camp, the July 19 to 30 camp was located at Edmund Partridge Junior High School and the final session is being held at Jefferson Junior High. All sessions are from 1:00 to 4:30 p.m. The Seven Oaks School Division is providing school facilities, sports and audio-visual equipment and consultative assistance.

Virtually all of the planning and work is carried out by the students. Activities range from games, arts, crafts and sing-songs to swimming sessions (once a week at either Kildonan Park or the Centennial Pool, depending on the weather) and field trips. The majority of the youngsters involved are five to eight years of age, and the children are grouped according to age, with counsellors assigned to each group.

Both youngsters and parents have expressed delight with the camp. Parents are impressed with the varied program and the high level of organization; the kids are impressed because Camp Chimo is fun.

Russ Goureluck, Director of Community Schools for the Seven Oaks School Division, has observed Camp Chimo since the planning began and is very pleased with the results. "The students are doing an excellent job" he said. "Ninety-nine percent of the planning and work has been done by them, they're extremely well organized, their program is worthwhile and exciting, and it's a pleasure to have them utilizing school facilities in this way."

Camp Chimo filled shortly after registration began and many youngsters had to be turned away to keep the size of each camp down to a workable number. But there's little doubt that the more than three hundred children who are participating are having an experience they'll never forget.

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